Family Well-Being Navigator

One Full-time position

Reports To:
Director of Well-Being/Well-Being Manager

Job Summary:
Under the direction of the Director of Health and Well-Being, the Family Well-being Navigator is responsible for the delivery of programs that enhance the quality of life for First Nation individuals impacted by historic and intergenerational trauma. The Family Well-being Navigator will be responsible for the development, implementation, and evaluation of programs related to individual and family healing, parenting skills, cultural development and retention, and community resource development. The curriculum is designed to nurture the spiritual, physical, emotional and mental conditions of one's livelihood in order to provide well-being, healthy lifestyle practices and self-management processes. The Family Well-being Navigator will help to strengthen individuals and families to empower them in improving the quality of their personal and family life and retaining and reunifying family units.

Competencies:

- Self-motivated * Coaching * Communication
- Problem Solving * Strategic thinking * Confidential

Job Duties:

- Experience in developing programs that support and promote physical, cognitive, emotional, spiritual, social, familial and cultural wellness.
- Demonstrated background and knowledge of First Nations peoples', culture, and impact of trauma issues, and cultural oppression.
- Knowledgeable in the delivery of programs using trauma informed practices and models.
- A strong understanding of program design, motivating, monitoring and evaluation techniques and methods to help support adult learners.
- Develop curriculum, lesson plans, and learning objectives including but not limited to; traditional parenting, self-care, intimate partner violence, grief and loss, managing emotions, addictions, and mental health.
- Ability to work collaboratively, demonstrate professional presence, maintain effective working relationships with diverse staff and clientele.
- Provide activities that promote self-care, cultural identity, and personal development.
- Facilitate groups of up to 40 individuals that build the knowledge and skills of participants.
- Maintains current knowledge of evidence-based practices.
- Provide additional resources/advocacy for client/family as necessary.
- Promote, coordinate, and deliver program orientations.
- Adhere to security and confidentiality while maintaining file system of clientele.
- Assist with client recruitment and intake process.
- Completes administrative tasks as required. (Statistics, reports, program evaluations, updates to policies and procedures, etc.).
- Assists in the development and delivery of new programs and program services.
- Plan for facilities, transportation and material necessary for group sessions in consultation with team.
- Maintain accurate client progress and reports.

Job Duties continued:

- Collaborate and maintain positive relationship with other service providers to maintain cooperative relationships in the context of multi-program delivery.
- Assist in developing and distribution of media required for program marketing.
- Assist with daily program pick-up and drop-off service of participants; assist/prepare daily snacks and/or meals.
- Knowledgeable and respectful of the diversity in our multi-cultural society.
- Excellent research, interpersonal, public speaking, writing, organization and management skills.
- Other duties as assigned.

Job Requirements:

- Bachelor of social work, Bachelor of Indian Social Work.
- Minimum three years related experience. However, a combination of education, skills and life learning experiences may be considered.
- Knowledgeable of Indigenous teachings, holistic model of health and wellness programs, grounded on the Medicine Wheel Concept.
- Demonstrated working knowledge of community-based programs and related provincial and community support programs.
- Thrive in high stress environments.
- Competent in emotional intelligence and self-discipline.
- Must be trustworthy, respectful, flexible, and a good role model.
- Must be able to work as a team player.
- Must have excellent networking, communication, and computer skills.
- Must have or be willing to get First Aid, CPR, and AED Certification.
- Must possess good organizational skills.
- Must have a valid driver's license and a reliable vehicle.
- Must provide a current CPIC.

Work Conditions:

- High levels of stress and pressure.
- Periodic requirement to be on-call.
- Occasional over-time.
- Interaction with others under varying circumstances – including situations of a highly sensitive nature.
- Intermittent physical activity including walking, standing, sitting, and some lifting.

Location:

Muskoday First Nation, which is located 25 kilometers south on Hwy3, from Prince Albert SK.

Application Process:

Posting Ends: November 12th, 2026

- Please include a clear cover letter describing how you have demonstrated your skills working with communities, families, and youth.
- Detailed resume outlining your experience.
- Please include 3 professional references.

Apply through Email in confidence to Muskoday First Nation Human Resources Department at **resume@muskodayfn.ca**

- Muskoday First Nation appreciates the interest of all applicants; however, only those selected for an interview will be contacted.
- Late applications will not be accepted.