



## Kinistin Saulteaux Nation – Mental Health and Wellness Therapist

<b>Job Title:</b>	Mental Health and Wellness Therapist	<b>Job Category:</b>	Professional & Specialist
<b>Department/Group:</b>	Health	<b>Position Type:</b>	Part Time
<b>Location:</b>	Kinistin Saulteaux Nation	<b>Date Posted:</b>	May 29, 2026
<b>Direct Supervisor:</b>	Health Director	<b>Posting Expires:</b>	Until Filled.
<b>Applications Accepted BY: (please submit your resume, a brief letter of interest, and two references)</b>			
<b>EMAIL:</b> Human.Resources@kinistin.com Subject Line: Mental Health Therapist		<b>MAIL:</b> PO Box 2590, Tisdale, SK S0E 1T0	
<b>Job Description</b>			
<p><b>ROLES AND RESPONSIBILITIES</b></p> <p>The Kinistin Saulteaux Nation is seeking a dynamic, motivated, qualified and reliable individual for the position of full time Mental Health and Wellness Therapist with an emphasis on CISM to work out of the Kinistin Wellness Center, located on the Kinistin First Nation. The Mental Health and Wellness Therapist will work closely with the Kinistin Saulteaux Nation Mental Wellness Team, the community Health Director, and other staff who provide wellness services. With an emphasis on development of a CISM strategy, the therapist will support the needs of community members who are in crisis, at risk or requiring general or specialized care in the area of Mental Health. The Mental Health and Wellness Therapist will provide support to the organization and its personnel in achieving the organization’s mandate, goals and objectives and is responsible for the overall application of clinical and/or psychological methods and theory to the diagnosis, prevention, and treatment of psychosocial challenges including mental, emotional and behavioural disorders for families and individuals on the Kinistin Saulteaux Nation.</p>			
<p><b>DUTIES AND RESPONSIBILITIES</b></p> <ul style="list-style-type: none"> <li>• Provide a full range of culturally sensitive behaviour health assessment, treatment and case management services to community members with mental health issues.</li> <li>• Screen and perform comprehensive mental health assessments, crisis intervention/stabilization, short term individual, family therapy, psycho-education, individualized treatment planning, goal setting, collateral services, progress monitoring, and care coordination.</li> <li>• May be required to formulate diagnoses according to licensing standards and refer clients to other specialists if necessary.</li> <li>• Ability to perform duties such as facilitating client support groups, individual and/or group counselling, health education, child development activities and/or training.</li> <li>• Monitor client progress during treatment for addictions, sexual abuse, and any other treatment based support clients may receive.</li> <li>• Develop a Critical Incident Stress Management strategy for staff, and community members.</li> <li>• Provide regular reviews of clinical interventions and case documentation with clinical supervisor.</li> <li>• Possess high degree of interpersonal competence with both staff and clients.</li> <li>• Maintain effective working relationships with outside organizations and departments.</li> <li>• Have a knowledge and understanding of all historical and current issues facing First Nations including but not limited to: intergenerational trauma, PTSD, abandonment, sexual abuse,</li> </ul>			

alcohol and drug addiction, child and welfare issues, grief and loss, culture loss, family violence, self esteem.

- Demonstrated ability to use cultural humility in working with clients. willing to integrate cultural values, teaching and program activities.
- Participate in collaborative case management.
- Maintain health center owned files in accordance to accreditation standards.
- Demonstrated ability to keep accurate and complete charts, client records, required data forms and processes.
- Must adhere to a strict code of confidentiality.
- Perform other duties as appropriate and necessary for performance of the job
- Perform other related duties as required or assigned within the scope of duties.

#### **QUALIFICATIONS AND EDUCATION REQUIREMENTS**

- Masters degree in Mental Health and Wellness, Social Work or Psychology. May consider undergraduate degree with level of experience.
- Minimum of five years experience as a licensed and certified clinical counsellor.
- Minimum of five years experience in therapeutic counselling.
- Must be able to work under pressure and high demands/stress.
- Most possess strong leadership and teamwork skills.
- Knowledge and experience in working with First Nation people, and an understanding of the particular issues encountered by First Nation people.
- Ability to speak and/or understand the Sauteaux language is an asset.